

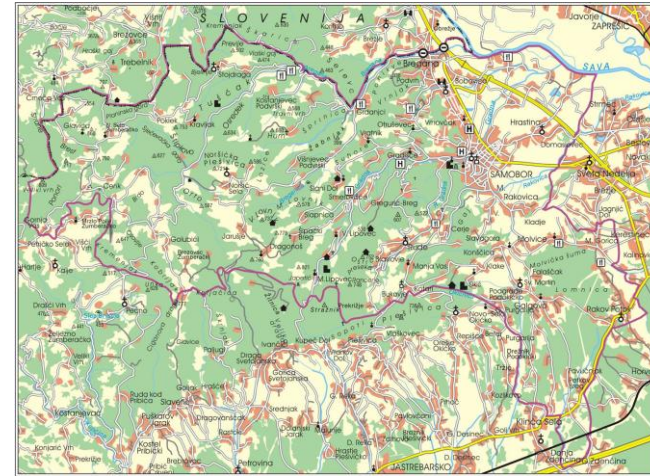
極真館



28th April - 3rd May 2013
Kyokushin-karate Spring Camp
in Croatia



This year, again, there will be a Spring Camp in Croatia. This time for the 9th time. Like last year in Samobor en surroundings (about 20 km from Zagreb).



The camp is open to all practitioners of Kyokushin-karate as from 10th Kyu (white belts). Youth is also welcome under accompaniment of a parent/attendant.

Non-karateka's

Also the non karateka's are most welcome again and do not need to be bored. Karate activities are always combined with activities for non-karateka's (if they want to, of course). Think of walks, hiking, excursions and sightseeing. Further there are combined activities with the sportspeople.

Surroundings

Samobor is a town in the Croatian province Zagreb with a population of abt. 37,500 inhabitants. It is located west of Zagreb, between the eastern slopes of the Samobor hills (Croatian: Samoborsko gorje) in the eastern part of Zumberak Mountain, in the Sava River valley. It is part of the metropolis around Zagreb.

Samobor has existed as a free royal town since 1242, according to a document of endowment by King Bela IV.

It is one of the earliest tourist resorts in the region, with the first tourist facilities dating back to 1810, catering to anglers, hunters and hikers.

Trainings

For the karate-group a varied training programme has been composed. Attention is given to: kata exercises, fighting, condition trainings and meditation. Also you are being prepared to your following kyu or dan examination.

Kyokushin-kan examinations u/i 3rd dan can be taken.

Necessities with respect to registrations for examinations:

- karate passport
- approval of teacher / dojo operator in writing.



Period

The karate camp will take place during the school spring holiday, this means: Present yourself on Sunday 28th April en the last training will be on Friday morning 3rd May. Like all previous years there will be activities already on the Saturday too (like the "Slippertocht" and last years demonstration at the "Bonfire").

Instructors

Like every year Shihan Vlado Haler, 5th dan and organizer will be present. Senseis Maurice du Pree and Alex van der Steen will also be instructor and they will play an important role in programming of the camp. At this moment (January) it is not known yet what other Instructors will attend. Of course also local Dojo Operators and their students will attend: Sensei Igor Kupres (Kyokushin-kan) and Sensei Miro Frezl (Kyokushinkaikan).

Costs (unchanged to 2012)

Double room per person Full Board. Diner from 28 th April u/i lunch 3 rd May (double room, register together)	€ 250,-	€ 325,- incl. training
Single room Full Board. Diner from 28 th April u/i lunch 3 rd May	€ 300,-	€ 375,- incl. training

We will stay in the same hotel as last year, hotel Lavica, a cozy three-star hotel in the centre of Samobor, near a park.

Check the website www.kyokushinkan.nl regularly for updated information and the Facebook-page of Kyokushin-kan Holland.

Samobor can be reached by bus from Zagreb. Zagreb has an international Airport.

